

## **GUIDELINES FOR DAILY PRACTICE – IN PERCENTAGES FORMAT**

### **Tone – 20% of daily practice time**

Long tones, straight tones, slow scales, intonation, tone coloring (Eva Wasserman's Time For Tone; Jenny Maclay's 'The Complete Guide to Long Tones; Clarinet Warm Ups by Kelly Burke)

### **Technique – 20% of practice time**

Scales, arpeggios, thirds, trill practice, tonguing exercises (Baermann, Galper, Albert, Uhl: Kell Staccato Studies, Stark Staccato Studies, Spring's warmup, five-note staccato in scales, etc.)

### **Études – 20% of practice time**

### **Solos/excerpts – 30% of practice time**

### **Practice performances/review – 5% of practice time**

### **Sight-reading – 5% of practice time**

**IMPORTANT:** take 5-minute recovery breaks @ 30-45 minutes...yes this adds 5 minutes to your hour!

## **EXAMPLE ONE**

If student has an hour available for practice:

- ✓ Tone – 12 minutes
- ✓ Technique – 12 minutes
- ✓ Etude Work – 12 minutes
- ✓ Break – 5 minutes
- ✓ Solo Material/Excerpts – 18 minutes
- ✓ Review – 3 minutes
- ✓ Sight-reading – 3 minutes
- ✓ For two hours, double the times, and so on.

## **EXAMPLE TWO – when prepping for audition or recital**

When preparing for an audition or recital, students may wish to alter percentages to reflect the time needed to prepare for a single event.

If student has an hour available for practice:

- ✓ Tone – 5 minutes (example: 2 long tones; 2 straight tones; one Time For Tone exercise)
- ✓ Technique – 5 minutes (ex. one scale and one tonguing exercise)
- ✓ Études – 5 minutes
- ✓ Practice and performances of audition materials – 45 minutes

**Don't forget a 5-minute recovery break every 30-40 minutes!**